

ASAP

Adaptive Swimming Aquatic Program



Our Adaptive Swim Program offers water safety swimming skills during open swim time for youth who are neurodivergent and/or disabled. Classes take place in our Warm Water Pool and are led by kind, supportive instructors who help each child feel safe and confident in the water.

Program Goal: To give children safe and supported access to the pool, so they can have fun, build confidence, and learn water safety swim skills in a way that fits their needs

The Environment of the Warm Water Pool

- Quiet and closed to other YMCA members
- Limited number of participants
- Pool heated up to 91 degrees
- NO whistles: Our staff uses alternative methods to communicate
- Toys: Noodles, Kickboards, Squeeze toys, Diving Rings
- 2 Lifeguards, 1 Deck Supervisor on deck
- 2 aquatic staff will be in the pool to help facilitate Safety & water skills

Safety & Participant Requirements:

- Max 10 individuals
- Ages 3-17 years old
- All participants must have a parent/guardian (18+) in the pool within arm's reach, at all times.
- If individual is not potty trained, they must wear a swim diaper
- All participants must wear a bathing suit

FRIDAY	6:20-7:20 PM
SUNDAY	10:40-11:40 AM

WMY MEMBER	\$80/month
COMMUNITY MEMBER	\$95/month

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**Contact Sammie F. at aquaticinfo@wmaymca.org
for more information**