



# WMA SHARKS SWIM STROKE CLINICS

This clinic is designed for swimmers in Swim Team, Swim Fit, Level 6 Lessons, and anyone with prior competitive swimming experience. Led by the coaches of the West Morris Area YMCA Swim Team, each session will focus on a specific stroke through targeted drills, technique instruction, and individualized feedback and corrections for every swimmer.

- ✓ **FREESTYLE WEEK** June 23-25
- ✓ **BACKSTROKE WEEK** June 30-July 2
- ✓ **BREASTSTROKE WEEK** July 7-9
- ✓ **BUTTERFLY WEEK** July 14-16

**CLINICS ARE HELD TUESDAYS & THURSDAYS**

10 & Unders: 5:30-6:30 pm

11 & Overs: 6:30-7:30 pm



*Held in the Main Pool*

Scan QR code  
to register



WMA Member: \$60 per week  
Community Member: \$70 per week  
Sign up weekly!

There will be no refunds or makeup sessions for cancellations due to thunderstorms, inclement weather, or pool closures.

Questions? Contact Eric at [eric@wmaymca.org](mailto:eric@wmaymca.org)